Dhp 185 — Dhp 185

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/dhp185/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
License: CC0-1.0 — https://creativecommons.org/publicdomain/zero/1.0/

Text

Not speaking ill nor doing harm;

restraint in the monastic code;

moderation in eating;

staying in remote lodgings;

commitment to the higher mind—

this is the instruction of the Buddhas.