# Dhp 298 — Dhp 298

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/dhp298/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
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## Text

The disciples of Gotama

always wake up refreshed,

who day and night

constantly recollect the Saṅgha.