Dhp 350 — Dhp 350

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/dhp350/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
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Text

But one who loves to calm their thoughts,

developing perception of ugliness, ever mindful,

will surely eliminate that craving,

cutting off the bonds of Māra.