Dhp 37 — Dhp 37

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/dhp37/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
License: CC0-1.0 — https://creativecommons.org/publicdomain/zero/1.0/

Text

The mind travels far, wandering alone;

incorporeal, it lies hidden in the heart.

Those who will restrain the mind

are freed from Māra’s bonds.