Iti 16 — A Trainee (1st)

English translation by Bhikkhu Sujato.
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Text

So It Was Said 16

The Book of the Ones

Chapter Two

A Trainee (1st)

This was said by the Buddha, the Perfected One: that is what I heard.

“Taking into account interior factors, mendicants, I do not see a single one that is so very helpful as rational application of mind for a trainee mendicant who hasn’t achieved their heart’s desire, but lives aspiring to the supreme sanctuary from the yoke. A mendicant rationally applying the mind gives up the unskillful and develops the skillful.”

The Buddha spoke this matter. On this it is said:

“There is nothing so helpful

for a trainee mendicant

aspiring for the ultimate goal

as rational application of mind.

Striving rationally, a mendicant

attains the end of suffering.”

This too is a matter that was spoken by the Blessed One: that is what I heard.