Iti 51 — Elements

English translation by Bhikkhu Sujato.
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Text

So It Was Said 51

The Book of the Threes

Chapter One

Elements

This was said by the Buddha, the Perfected One: that is what I heard.

“Mendicants, there are these three elements. What three? The realm of luminous form, the formless realm, and cessation. These are the three elements.”

The Buddha spoke this matter. On this it is said:

“Comprehending the realm of luminous form,

not stuck in the formless,

those who are released in cessation,

they are conquerors of death.

Having directly experienced the element free of death,

free of attachments;

having realized relinquishment

of attachments, the undefiled

fully awakened Buddha teaches

the sorrowless, stainless state.”

This too is a matter that was spoken by the Blessed One: that is what I heard.