Iti 52 — Feelings (1st)

English translation by Bhikkhu Sujato.
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Text

So It Was Said 52

The Book of the Threes

Chapter One

Feelings (1st)

This was said by the Buddha, the Perfected One: that is what I heard.

“Mendicants, there are these three feelings. What three? Pleasant, painful, and neutral feeling. These are the three feelings.”

The Buddha spoke this matter. On this it is said:

“Stilled, aware,

a mindful disciple of the Buddha

understands feelings,

the cause of feelings,

where they cease,

and the path that leads to their ending.

With the ending of feelings, a mendicant

is hungerless, quenched.”

This too is a matter that was spoken by the Blessed One: that is what I heard.