Thag 1.6 — Sītavaniya

English translation by Bhikkhu Sujato.
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Text

Verses of the Senior Monks 1.6

The Book of the Ones

Chapter One

Sītavaniya

The monk who went to the Cool Grove is solitary,

content and serene,

victorious, with goosebumps vanished,

guarding mindfulness of the body, steadfast.

That is how this verse was recited by the senior venerable Sītavaniya.