Thag 1.114 — Adhimutta (1st)

English translation by Bhikkhu Sujato.
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Text

Verses of the Senior Monks 1.114

The Book of the Ones

Chapter Twelve

Adhimutta (1st)

Your body is uncomfortably heavy,

and life is running out;

greedy for physical pleasure,

how can you find happiness as an ascetic?