Thag 1.116 — Pārāsariya (1st)

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/thag1.116/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
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Text

Verses of the Senior Monks 1.116

The Book of the Ones

Chapter Twelve

Pārāsariya (1st)

I’ve given up the six spheres of sense-contact,

my sense doors are guarded and well restrained;

I’ve ejected the root of gloom

and attained the ending of defilements.