Thag 1.118 — Kimbila (1st)

English translation by Bhikkhu Sujato.
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Text

Verses of the Senior Monks 1.118

The Book of the Ones

Chapter Twelve

Kimbila (1st)

Old age falls like a curse;

it's the same body, but it seems like someone else's.

I remember myself as if I were someone else,

but I'm still the same, I haven't been away.