Thag 1.16 — Belaṭṭhasīsa

English translation by Bhikkhu Sujato.
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Text

Verses of the Senior Monks 1.16

The Book of the Ones

Chapter Two

Belaṭṭhasīsa

Just as a fine thoroughbred

proceeds with ease,

tail and mane flying in the wind;

so my days and nights

proceed with ease,

full of joy not of the flesh.