Thag 3.7 — Vāraṇa

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/thag3.7/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
License: CC0-1.0 — https://creativecommons.org/publicdomain/zero/1.0/

Text

Verses of the Senior Monks 3.7

The Book of the Threes

Chapter One

Vāraṇa

Anyone among men

who harms other creatures:

that person will fall

both from this world and the next.

But someone with a mind of love,

sympathetic for all creatures:

a person like that

brims with much merit.

You should all train to learn well-spoken words,

to attend closely to ascetics,

to sit alone in hidden places,

and to settle the mind.