Thag 3.13 — Abhibhūta

English translation by Bhikkhu Sujato.
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Text

Verses of the Senior Monks 3.13

The Book of the Threes

Chapter One

Abhibhūta

Listen up, all my relatives,

those who have gathered here:

I'll teach you Dhamma!

Painful is birth again and again.

Rouse yourselves, try harder!

Devote yourselves to the instructions of the Buddha!

Crush the army of death,

as an elephant a hut of reeds.

Whoever shall meditate diligently

in this teaching and training,

giving up transmigration,

will make an end to suffering.