Thig 1.3 — Puṇṇā

English translation by Bhikkhu Sujato.
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Text

Verses of the Senior Nuns 1.3

The Book of the Ones

Puṇṇā

Puṇṇā, be filled with good qualities,

like the moon on the fifteenth day.

When your wisdom is full,

shatter the mass of darkness.

That is how this verse was recited by the senior nun Puṇṇā.