Thig 2.9 — Abhayā

English translation by Bhikkhu Sujato.
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Text

Verses of the Senior Nuns 2.9

The Book of the Twos

Abhayā

Abhayā, the body is fragile,

yet ordinary people are attached to it.

I'll lay down the body,

aware and mindful.

Though subject to so many painful things,

I have, through my love of diligence,

reached the ending of craving,

and fulfilled the Buddha's instructions.