Thig 2.10 — Sāmā

English translation by Bhikkhu Sujato.
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Text

Verses of the Senior Nuns 2.10

The Book of the Twos

Sāmā

Four or five times

I left my dwelling.

I had failed to find peace of heart,

or any control over my mind.

Now it is the eighth night

since craving was eradicated.

Though subject to so many painful things,

I have, through my love of diligence,

reached the ending of craving,

and fulfilled the Buddha’s instructions.