SN 2.17 — With Subrahmā

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 2.17

2. With Anāthapiṇḍika

With Subrahmā

Standing to one side, the godling Subrahmā addressed the Buddha in verse:

“This mind is always anxious,

this mind is always stressed

about stresses that haven’t arisen

and those that have.

If there is a state free of anxiety,

please answer my question.”

“Not without understanding and fervor,

not without restraining the sense faculties,

not without letting go of everything,

do I see safety for living creatures.”

That is what the Buddha said. … The godling vanished right there.