SN 14.35 — Taking Pleasure

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 14.35

4. Chapter Four

Taking Pleasure

At Sāvatthī.

“Mendicants, if you take pleasure in the earth element, you take pleasure in suffering. If you take pleasure in suffering, you’re not free from suffering, I say. If you take pleasure in the water element … If you take pleasure in the fire element … If you take pleasure in the air element, you take pleasure in suffering. If you take pleasure in suffering, you’re not free from suffering, I say.

If you don’t take pleasure in the earth element, you don’t take pleasure in suffering. If you don’t take pleasure in suffering, you’re free from suffering, I say. If you don’t take pleasure in the water element … If you don’t take pleasure in the fire element … If you don’t take pleasure in the air element, you don’t take pleasure in suffering. If you don’t take pleasure in suffering, you’re free from suffering, I say.”