SN 22.10 — Suffering in the Three Times

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 22.10

1. Nakula’s Father

Suffering in the Three Times

At Sāvatthī.

“Mendicants, form of the past and future is suffering, let alone the present.

Seeing this, a learned noble disciple is not concerned with past form, doesn’t look forward to enjoying future form, and they practice for disillusionment, dispassion, and cessation regarding present form.

Feeling …

Perception …

Choices …

Consciousness of the past and future is suffering, let alone the present.

Seeing this, a learned noble disciple is not concerned with past consciousness, doesn’t look forward to enjoying future consciousness, and they practice for disillusionment, dispassion, and cessation regarding present consciousness.”