# SN 22.14 — Not-Self

English translation by Bhikkhu Sujato.
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## Text

Linked Discourses 22.14

2. Impermanence

Not-Self

At Sāvatthī.

“Mendicants, form, feeling, perception, choices, and consciousness are not-self.

Seeing this, a learned noble disciple grows disillusioned with form, feeling, perception, choices, and consciousness. Being disillusioned, desire fades away. When desire fades away they’re freed. When they’re freed, they know they’re freed.

They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is nothing further for this place.’”