# SN 22.147 — Observing Impermanence

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/sn22.147/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
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## Text

Linked Discourses 22.147

14. Burning Chaff

Observing Impermanence

At Sāvatthī.

“Mendicants, when a gentleman has gone forth out of faith, this is what’s in line with the teaching. They should meditate observing impermanence in form, feeling, perception, choices, and consciousness. … They’re freed from suffering, I say.”