SN 22.34 — It’s Not Yours (2nd)

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 22.34

4. It’s Not Yours

It’s Not Yours (2nd)

At Sāvatthī.

“Mendicants, give up what’s not yours. Giving it up will be for your welfare and happiness. And what isn’t yours?

Form isn’t yours: give it up. Giving it up will be for your welfare and happiness.

Feeling …

Perception …

Choices …

Consciousness isn’t yours: give it up. Giving it up will be for your welfare and happiness.

Give up what’s not yours. Giving it up will be for your welfare and happiness.”