# SN 22.39 — In Line With the Teaching

English translation by Bhikkhu Sujato.
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## Text

Linked Discourses 22.39

4. It’s Not Yours

In Line With the Teaching

At Sāvatthī.

“Mendicants, when a mendicant is practicing in line with the teaching, this is what’s in line with the teaching.

They should live full of disillusionment for form, feeling, perception, choices, and consciousness. Living in this way, they completely understand form, feeling, perception, choices, and consciousness. Completely understanding form, feeling, perception, choices, and consciousness, they’re freed from these things. They’re freed from rebirth, old age, and death, from sorrow, lamentation, pain, sadness, and distress. They’re freed from suffering, I say.”