SN 22.52 — The End of Relishing (2nd)

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 22.52

5. Be Your Own Island

The End of Relishing (2nd)

At Sāvatthī.

“Mendicants, rationally apply the mind to form. Truly see the impermanence of form. When a mendicant does this, they grow disillusioned with form. When relishing ends, greed ends. When greed ends, relishing ends. When relishing and greed end, the mind is freed, and is said to be well freed.

Rationally apply the mind to feeling …

perception …

choices …

consciousness. Truly see the impermanence of consciousness. When a mendicant does this, they grow disillusioned with consciousness. When relishing ends, greed ends. When greed ends, relishing ends. When relishing and greed end, the mind is freed, and is said to be well freed.”