SN 35.100 — Retreat

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 35.100

10. The Sixes

Retreat

“Mendicants, meditate in retreat. A mendicant in retreat truly understands. What do they truly understand?

They truly understand that the eye is impermanent. They truly understand that sights … eye consciousness … eye contact … the pleasant, painful, or neutral feeling that arises dependent on mind contact is impermanent.

Mendicants, meditate in retreat. A mendicant in retreat truly understands.”