SN 35.102 — It’s Not Yours (2nd)

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 35.102

10. The Sixes

It’s Not Yours (2nd)

“Mendicants, give up what’s not yours. Giving it up will be for your welfare and happiness. And what isn’t yours?

The eye isn’t yours: give it up. Giving it up will be for your welfare and happiness. Sights … Eye consciousness … Eye contact …

The pleasant, painful, or neutral feeling that arises dependent on mind contact isn’t yours: give it up. Giving it up will be for your welfare and happiness.

Give up what’s not yours. Giving it up will be for your welfare and happiness.”