SN 35.154 — Endowed With Faculties

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 35.154

15. The Old and the New

Endowed With Faculties

Then a mendicant went up to the Buddha … and asked him, “Sir, they speak of someone who is ‘accomplished in the faculties’. How is someone accomplished in the faculties defined?”

“Mendicant, if someone meditates observing rise and fall in the eye faculty, they grow disillusioned with the eye faculty.

If they meditate observing rise and fall in the ear faculty … nose faculty … tongue faculty … body faculty … mind faculty, they grow disillusioned with the mind faculty.

Being disillusioned, desire fades away. … When they’re freed, they know they’re freed.

They understand: ‘Rebirth is ended, the spiritual journey has been completed, what had to be done has been done, there is nothing further for this place.’

This is how someone who is accomplished in the faculties is defined.”