SN 35.204 — The Interior and What’s Impermanent in the Past

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 35.204

17. Sixty Abbreviated Texts

The Interior and What’s Impermanent in the Past

“Mendicants, in the past the eye, ear, nose, tongue, body, and mind were impermanent. What’s impermanent is suffering. What’s suffering is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’ …”