SN 36.1 — Immersion

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 36.1

1. With Verses

Immersion

“Mendicants, there are these three feelings. What three?

Pleasant, painful, and neutral feeling. These are the three feelings.

Stilled, aware,

a mindful disciple of the Buddha

understands feelings,

the cause of feelings,

where they cease,

and the path that leads to their ending.

With the ending of feelings, a mendicant

is hungerless, quenched.”