# SN 36.2 — Pleasure

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## Text

Linked Discourses 36.2

1. With Verses

Pleasure

“Mendicants, there are these three feelings. What three?

Pleasant, painful, and neutral feeling. These are the three feelings.

Whether it’s pleasant or painful,

as well as what’s neutral,

whatever there is that is felt

internally and externally:

having known, ‘this is suffering,

deceptive, breaking apart’,

seeing feelings vanish with every contact,

that’s how they become free of desire for them.”