# SN 38.5 — Solace

English translation by Bhikkhu Sujato.
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## Text

Linked Discourses 38.5

1. With Jambukhādaka

Solace

“Reverend Sāriputta, they speak of this thing called ‘gaining solace’. At what point do you gain solace?”

“When a mendicant truly understands the six fields of contact’s origin, disappearance, gratification, drawback, and escape, at that point they’ve gained solace.”

“But, reverend, is there a path and a practice for realizing this solace?”

“There is.” …