SN 45.27 — Pots

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 45.27

3. The Wrong Way

Pots

At Sāvatthī.

“A pot without a stand is easy to overturn, but if it has a stand it’s hard to overturn. In the same way, a mind without a stand is easy to overturn, but if it has a stand it’s hard to overturn.

And what’s the stand for the mind? It is simply this noble eightfold path, that is: right view, right purpose, right speech, right action, right livelihood, right effort, right mindfulness, and right immersion. This is the stand for the mind.

A pot without a stand is easy to overturn, but if it has a stand it’s hard to overturn. In the same way, a mind without a stand is easy to overturn, but if it has a stand it’s hard to overturn.”