SN 45.28 — Immersion

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 45.28

3. The Wrong Way

Immersion

At Sāvatthī.

“Mendicants, I will teach you noble right immersion with its vital conditions and its prerequisites. Listen …

And what is noble right immersion with its vital conditions and its prerequisites? There are right view, right purpose, right speech, right action, right livelihood, right effort, and right mindfulness.

Unification of mind with these seven factors as prerequisites is called noble right immersion ‘with its vital conditions’ and also ‘with its prerequisites’.”