SN 46.22 — A Teaching on the Awakening Factors

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 46.22

3. With Udāyī

A Teaching on the Awakening Factors

“Mendicants, I will teach you the seven awakening factors. Listen …

And what are the seven awakening factors? The awakening factors of mindfulness, investigation of principles, energy, rapture, tranquility, immersion, and equanimity. These are the seven awakening factors.”