SN 46.36 — Growth

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 46.36

4. Hindrances

Growth

“Mendicants, when the seven awakening factors are developed and cultivated they lead to growth and progress. What seven? The awakening factors of mindfulness, investigation of principles, energy, rapture, tranquility, immersion, and equanimity. When these seven awakening factors are developed and cultivated they lead to growth and progress.”