SN 47.41 — Freedom From Death

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 47.41

5. Freedom From Death

Freedom From Death

At Sāvatthī.

“Mendicants, you should meditate with your mind firmly established in the four kinds of mindfulness meditation. Don’t let freedom from death be lost on you. What four? It’s when a mendicant meditates by observing an aspect of the body—keen, aware, and mindful, rid of covetousness and displeasure for the world. They meditate observing an aspect of feelings … mind … principles—keen, aware, and mindful, rid of covetousness and displeasure for the world. You should meditate with your mind firmly established in the four kinds of mindfulness meditation. Don’t let freedom from death be lost on you.”