SN 56.49 — Sineru, King of Mountains (1st)

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 56.49

5. A Cliff

Sineru, King of Mountains (1st)

“Mendicants, suppose a person was to place on Sineru, the king of mountains, seven pebbles the size of mung beans.

What do you think, mendicants? Which is more: the seven pebbles the size of mung beans? Or Sineru, the king of mountains?”

“Sir, Sineru, the king of mountains, is certainly more. The seven pebbles the size of mung beans are tiny. Compared to Sineru, they don’t count, there’s no comparison, they’re not worth a fraction.”

“In the same way, for an individual with comprehension, a noble disciple accomplished in view, the suffering that’s over and done with is more, what’s left is tiny. Compared to the mass of suffering in the past that’s over and done with, it doesn’t count, there’s no comparison, it’s not worth a fraction, since there are at most seven more lives. Such an individual truly understands about suffering, its origin, its cessation, and the path.

That’s why you should practice meditation …”