# AN 3.85 — A Trainee

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/an3.85/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
License: CC0-1.0 — https://creativecommons.org/publicdomain/zero/1.0/

## Text

Numbered Discourses 3.85

9. Ascetics

A Trainee

Then a mendicant went up to the Buddha, bowed, sat down to one side, and said to him:

“Sir, they speak of the one called ‘a trainee’. How is a trainee defined?”

“They train, mendicant, that’s why they’re called ‘a trainee’. What is their training? They train in the higher ethics, the higher mind, and the higher wisdom. They train, that’s why they’re called ‘a trainee’.

As a trainee trains,

following the straight road,

first they know about ending;

enlightenment follows in the same lifetime.

Then the knowledge comes

such a one, freed through enlightenment,

with the end of the fetters of continued existence:

‘My freedom is unshakable.’”