AN 5.214 — Someone Who Talks a Lot

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Text

Numbered Discourses 5.214

22. Abuse

Someone Who Talks a Lot

“Mendicants, there are these five drawbacks for an individual who talks a lot. What five? They use speech that’s false, backbiting, harsh, and nonsensical. When their body breaks up, after death, they’re reborn in a place of loss, a bad place, the underworld, hell. These are the five drawbacks for an individual who talks a lot.

There are these five benefits for an individual who talks thoughtfully. What five? They don’t use speech that’s false, backbiting, harsh, and nonsensical. When their body breaks up, after death, they’re reborn in a good place, a heavenly realm. These are the five benefits for an individual who talks thoughtfully.”