AN 9.66 — Grasping Aggregates

English translation by Bhikkhu Sujato.
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Text

Numbered Discourses 9.66

7. Mindfulness Meditation

Grasping Aggregates

“Mendicants, there are these five grasping aggregates. What five? The grasping aggregates of form, feeling, perception, choices, and consciousness. These are the five grasping aggregates.

To give up these five grasping aggregates you should develop the four kinds of mindfulness meditation. …”