AN 11.454-501 — Untitled Discourses on Considerations Regarding Sights, Etc.

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Text

Numbered Discourses 11.454–501

The First Fifty

Similarity

Untitled Discourses on Considerations Regarding Sights, Etc.

… "… considerations regarding sights … considerations regarding sounds … considerations regarding smells … considerations regarding tastes … considerations regarding touches … meditate observing impermanence in considerations about ideas … meditate observing suffering … meditate observing not-self … meditate observing ending … meditate observing vanishing … meditate observing fading away … meditate observing cessation … meditate observing letting go. …"