Iti 13 — Complete Understanding of Disdain

English translation by Bhikkhu Sujato.
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Text

So It Was Said 13

The Book of the Ones

Chapter Two

Complete Understanding of Disdain

This was said by the Buddha, the Perfected One: that is what I heard.

“Mendicants, without directly knowing and completely understanding disdain, without dispassion for it and giving it up, you can’t end suffering. By directly knowing and completely understanding disdain, having dispassion for it and giving it up, you can end suffering.”

The Buddha spoke this matter. On this it is said:

“When overcome by disdain

beings go to a bad place.

Having rightly understood that disdain,

the discerning give it up.

Once they’ve given it up,

they never return to this world.”

This too is a matter that was spoken by the Blessed One: that is what I heard.