Ud 8.4 — About Extinguishment (4th)

English translation by Bhikkhu Sujato.
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Text

Heartfelt Sayings 8.4

About Extinguishment (4th)

So I have heard. At one time the Buddha was staying near Sāvatthī in Jeta's Grove, Anāthapiṇḍika's monastery. Now at that time the Buddha was educating, encouraging, firing up, and inspiring the mendicants with a Dhamma talk about extinguishment. And those mendicants were paying attention, applying the mind, concentrating wholeheartedly, and actively listening.

Then, understanding this matter, on that occasion the Buddha expressed this heartfelt sentiment:

"For the dependent there is quivering. For the independent there's no quivering. When there's no quivering there is tranquility. When there is tranquility there's no inclination. When there's no inclination, there's no coming and going. When there's no coming and going, there's no passing away and reappearing. When there's no passing away and reappearing there's no this life or the next or between the two. Just this is the end of suffering."